



ERASMUS+

From Bias to Belonging

Curated Source Pack



**BRIDGES NOT
WALLS**



PROJECT OVERVIEW

From Bias to Belonging brings together young people from across Europe to critically examine the challenges and opportunities of multicultural societies. Through collaboration, dialogue, and non-formal education, we aim to build foundational knowledge on discrimination, develop practical tools for inclusion, and empower participants to become active advocates for a more equitable Europe.



Online Sources Part 1

- **The UN's definitions of key terms like prejudice, discrimination, racism, xenophobia, homophobia, etc.**

Clear, authoritative, and international.

- <https://www.unfe.org/know-the-facts/definitions>

- **The European Union Agency for Fundamental Rights legally-grounded definitions.**

<https://fra.europa.eu/en>

- **The Universal Declaration of Human Rights (UDHR):**

<https://www.un.org/en/about-us/universal-declaration-of-human-rights>

- **"What We Do" sections of Amnesty International**

<https://www.amnesty.org/en/what-we-do/>



Online Sources Part 2

- **Communication styles for better Intercultural Dialogues** <https://thinkculturalhealth.hhs.gov/assets/pdfs/resource-library/communication-styles.pdf>
- **EU Code of Conduct on Countering Illegal Hate Speech Online:** https://commission.europa.eu/strategy-and-policy/policies/justice-and-fundamental-rights/combating-discrimination/racism-and-xenophobia/eu-code-conduct-countering-illegal-hate-speech-online_en
- **Online Hate and Free Speech**
<https://mediasmarts.ca/digital-media-literacy/digital-issues/online-hate/online-hate-and-free-speech>
- **Reports on Integration of Migrants that provide comparable data on inequalities in education, labour market, etc., across countries.**
<https://www.oecd.org/en/topics/policy-issues/migration.html>
- **“How to be an Ally” Guide**
<https://www.raceforward.org/>



Video Sources

“What is Privilege?”

<https://youtu.be/g5gZ3PHYU3U?si=W7N6Wsy1wLJbEXE>

“Systemic Racism Explained”

https://youtu.be/YrHIQIO_bdQ?si=LqGtAH1MBoloR2cA

“What are Human Rights”

https://youtu.be/6e8m8L9BFa4?si=h_jN6EeXCkf86S8Y

“How does the European Court of Human Rights work?”

<https://youtu.be/yC1ndo8yX0w?si=GzMIJAMua8YZf-XO>

“Hate Speech and Consequences”

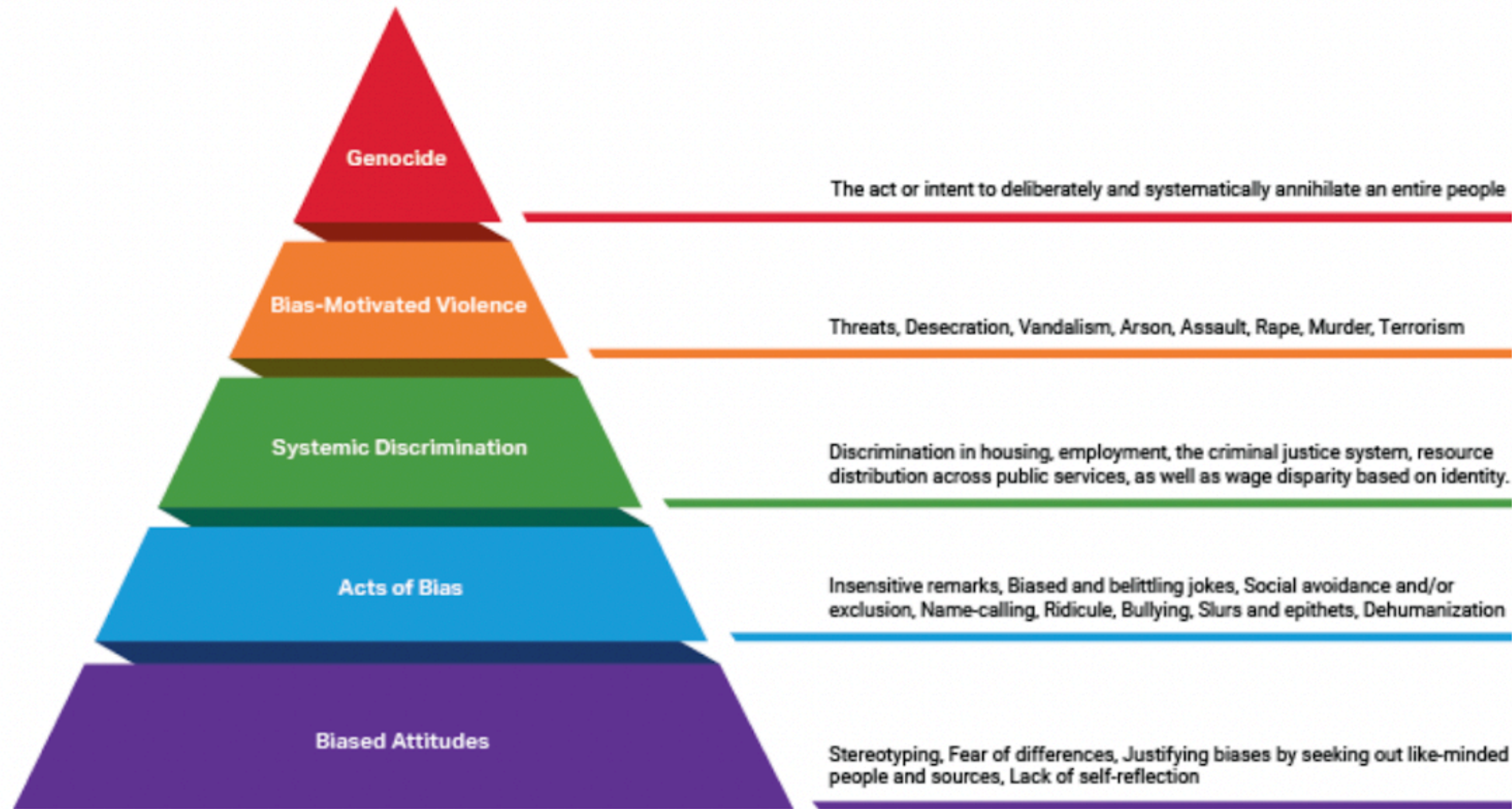
<https://youtu.be/bQeoUQa3MiU?si=qxrjg7W4SBE6hd6>

The “Unconscious Bias”

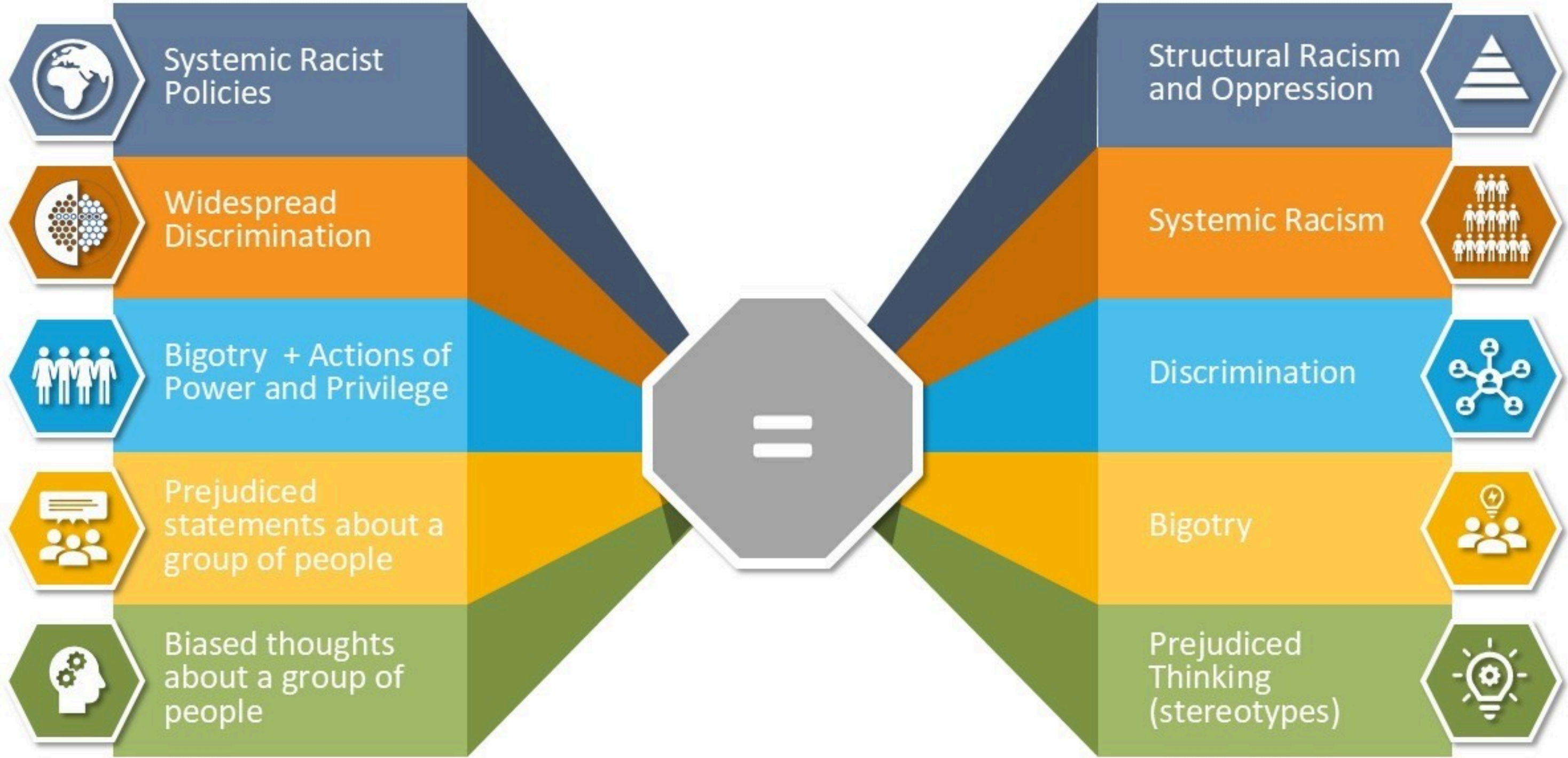
https://youtu.be/dVp9Z5k0dEE?si=i_bay1KNQQD5E5HN



Pyramid of Hate



From Bias to Oppression





Thank You

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